

Dementia
Wellington



Are you a caregiver or family member of
someone who has Dementia or Alzheimer's?

Or

Would you like to meet others who have a family
member affected by Dementia/ Alzheimer's and are
in a similar situation to you?

Come along to the CARE Evening Group
(Coping strategies, promoting Awareness of the disease, Reaching out to others,
Enabling people to access support)

Providing a supportive meeting place for those caring for family/friends who
are affected by Dementia/ Alzheimer's.

We meet the first Wednesday evening of the month at

Room 18, Pember House,
16 Hagley Street, Porirua
(opposite Police Station)
7-9pm

Gold coin donation appreciated to help cover cost of room hire.

All welcome

Please contact **Bridget 021 1131218** or **Nicola 0277345632** for more
information

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