

Dementia Wellington - What's coming up in May, June, July 2022

(We will keep this plan up-to-date as possible - feel free to contact your [Dementia Advisor](#) with any issues or questions)

Cog Cafes									
Region	Venue	Day of Month	Time	May		June		July	
Lower Hutt	Mitre 10 Petone	2 nd Tuesday	10am-11am	10		14		12	
Central Wellington	Picnic Cafe in the Botanical Gardens	4 th Tuesday	10am-11am	24		28		26	
North Wellington	Common Ground Cafe, Waitohi Hub, Johnsonville	1 st Wednesday	10am-11am	4		1		6	
Porirua	Columbus Coffee Porirua, 2 Semple Street, Elsdon	4 th Wednesday	10am-11am	25		22		27	
Kapiti	Anzil Cafe, 111 Main Road, Paraparaumu, Lindale	2 nd & 4 th Wednesday	10am-11am	11	25	8	22	13	27

Supporter Group Meetings							
Region	Venue	Day of Month	Time	May	June	July	
Lower Hutt	Dementia Wellington Hub, 55 Hutt Road, Petone	3 rd Thursday	1pm-2.30pm	18	16	21	
Central Wellington	Lyall Bay Salvation Army Community Centre, 175 Onepu Road	1 st Tuesday	10am-11.30am	3	7	5	
North Wellington	Johnsonville Community Centre, 3 Frankmoore Avenue	3 rd Friday	10.30am-12.00 noon	20	17	15	
Porirua	Freedom Hall 174 Bedford St Cannons Creek Porirua	1 st Wednesday	10 am-11.30 am	4	1	6	
Porirua Pacific	Contact Debbie 020 4176 6629 for venue details	2 nd Thursday	10 am-11.30am	12	9	14	
Kapiti	Waikanae	Contact Sheena 020 4069 3919 for venue details	Alternate 2 nd Thursday	1.30pm-3pm	12		14
	Paraparaumu	Old Mill Function Centre, 1 Kapiti Road, Paraparaumu (enter and car park via Hinemoa Street)	Alternate 2 nd Thursday	1.30pm-3pm		9	

Dementia Advisor Clinics (by appointment only)

Region and venue	Day of week & frequency	Time	May					June				July			
			Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 1	Week 2	Week 3	Week 4
Lower Hutt Dementia Wellington Hub 55 Hutt Road, Petone	Monday's weekly	9.30-2pm	2	9	16	23	30	6	13	20	27	4	11	18	25
Upper Hutt Orongomai Marae	Last Wednesday monthly	9:30am- 11:30am				25					29				27
Central Wellington Karori Community Centre, 7 Beauchamp Street	4 th Tuesday	12.30pm- 2.30pm				24					28				26
Central Wellington Kilbirnie Community Centre	3 rd Tuesday	12.30pm- 2.30pm			17					21				19	
North Wellington Room 2, Johnsonville Community Centre	2 nd Wednesday	12.00pm- 3.00pm		11					8				13		
Porirua Contact Debbie 020 4176 6629 for venue details	1 st and 4 th Wednesday	12.30pm- 2.30pm	4			25		1			22	6			27
Kapiti Kapiti DW, Office A, Level 1, 9 Mahara Place	Tuesdays weekly	9.30am- 12.30pm	3	10	17	24	31	7	14	21	28	5	12	19	26

